



Packing List for Sophomore Retreat Camp Maria Retreat Center

DO BRING:

- ✓ -iPads! They will be used for prayers (download the retreat pdf from the portal). SMR is not responsible for damaged or lost iPads.
- ✓ -You will have beds, and you **MUST** bring bed linens (sheets and pillowcases) or a sleeping bag depending on your preference.
- ✓ -Snacks and drinks to share with others (no snacks will be permitted in the sleeping area).
- ✓ -Towel for the shower (optional: shower shoes)
- ✓ -Toiletries
- ✓ -Your true self on best behavior!

WHAT NOT TO BRING:

- -homework, cell-phone etc. (These things prevent us from getting away from the stresses/busyness of everyday life which is the goal of a retreat!)
- -School policy on cell-phones will be enforced. If a student is found with their cell-phone it will be confiscated. In the case of emergency, call SMR during school hours or me at the number provided below.
- -medicine without permission, drugs, alcohol

A FEW ADDITIONAL NOTES:

- In order to be actively involved in the retreat, please come rested and alert. The retreat depends on participation by everyone. Please come with an open mind. Be ready to cooperate and be considerate of others.
- All students must leave from and return to SMR by the bus.
 - Emergency calls **ONLY** will be accepted or made. The contact information of Camp Maria in case of emergency is:
 - Camp Maria Retreat Center
 - 41290 Camp Maria Road
 - Leonardtown, MD 20650
 - 301-475-8330
 - Mr. Shea's cell (for emergencies): 443-615-5016

The school policies on alcohol, tobacco, and drugs will be enforced. Violation of the rules on tobacco products, alcohol or behavioral problems will also result in SMR Administration and parents/guardians being called.